

COST OF LIVING CRISIS: ISLINGTON

LOCAL SUPPORT SERVICES

FOOD & ESSENTIALS

Islington Foodbank

Highbury Roundhouse
Youth & Community Centre
71 Ronalds Road, N5 1XB
07753 222 755
Open Sat & Mons 1pm-4pm

Free or Low Cost Food in Islington

Contact Manor Gardens Welfare Trust to find your nearest services
07538 562128
MGassistance@manorgardenscentre.org

Resident Support Scheme

Ask your housing support worker if you are eligible to apply. For info, see <https://www.islington.gov.uk/advice/resident-support-scheme>

DIRECTORIES

Find Your Islington (FYI)

<https://directory.islington.gov.uk/>
0207 527 2000

Citizens Advice Islington

<https://islingtoncab.org/>
0808 278 7836

Help on Your Doorstep

<https://www.helponyourdoorstep.com/rising-cost-of-living-support>
Tel: 020 3931 6080
Text: 075 6405 5065
Email: connect@helponyourdoorstep.com

FINANCIAL ADVICE

PBHA Money Management Clinic

Specialist support to troubleshoot financial issues affecting you
Kingsland Hub or Isledon Hub
020 3815 4100
learn@peterbedford.org.uk

We Are Islington

For people in Islington struggling with debt, benefits issues, etc
020 7527 8222 (/1900)
weareislington@islington.gov.uk

Debt Free London

Free advice on rent arrears, debt, council tax, utility bills, credit cards and loans
<https://debtfree.london/>
0800 808 5700

SHINE

Advice & support for people struggling to afford their utility bills
0300 555 0195
contact@shine-london.org.uk

Mental Health & Money Advice Service

Clear, practical advice and support for people experiencing issues with mental health and money. Online service only
www.mentalhealthandmoneyadvice.org/

Money Helper

Impartial and free advice and signposting to agencies that can help you.
0330 055 2902 Mon-Fri 08.00-20.00
<https://www.moneyhelper.org.uk/en>

We can get you online and grow your confidence to navigate the internet and find the support you need. Contact 020 3815 4100 / learn@peterbedford.org.uk and ask to talk to Kamyé

COST OF LIVING CRISIS: HACKNEY

LOCAL SUPPORT SERVICES

FOOD & ESSENTIALS

Hackney Places to Get Free Food

A full list of places can be found at
<https://hackney.foodbank.org.uk/get-help/>
Click 'Additional Support in Hackney'

Hackney Foodbank Warehouse

The Florence Bennett Centre
N1 6TL
0207 254 2464
Mon-Fri 9am-3pm

Bethnal Green Foodbank

Raines Foundation School
Approach Road, E2 9LY
07398 776 145
Wed 2-7 pm

The Harvesters Kitchen Project

Christ Apostolic Church (Bethel)
217-223 Kingsland Road, E2 8AN
cacbethel.org / 020 7729 4375

Discretionary Crisis Support Scheme

<https://hackney.gov.uk/discretionary-crisis-support-scheme>
Call 0208 356 3000 and ask to apply for discretionary crisis support

DIRECTORIES

Citizens Advice Hackney

www.eastendcab.org.uk/hackney/
Help through Hardship: 0808 208 2138
Other issues: 020 3855 4472 / 020 8525 6350

Find Support Services Hackney

<https://find-support-services.hackney.gov.uk/>

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Specialist support to troubleshoot financial issues affecting you
Kingsland Hub or Isledon Hub
020 3815 4100 / learn@peterbedford.org.uk

Hackney SHINE

Advice & support for people struggling to afford their utility bills
0800 281 768
contact@shine-london.org.uk
www.hackney.gov.uk/shine

Debt Free London

Free advice on rent arrears, debt, council tax, utility bills, credit cards and loans
<https://debtfree.london/>
0800 808 5700

Hackney Community Law Centre

<https://hclc.org.uk/debt-advice/>
Free legal advice service: 020 7633 4531

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