

Volunteers' Week 2020!

SPOTLIGHT on Outpost Shop & Gallery Assistant, Polly

Volunteer since: Dec 2019

Hours to date: 50

What were your reasons/motivations for volunteering?

I was off work for over a year following an injury. After a dull grey November it became clear that I needed to have a bit more social contact. Volunteering seemed to be a nice way to get that while doing something purposeful – to give back.

Why did you choose to volunteer at Outpost?

I stumbled across Outpost while desperately searching for a gift. In Outpost I found what I was looking for, and left with both the present and a volunteering form. I started volunteering at Outpost in December, right in the middle of the Christmas rush. It's a busy and fun time to start and I got to hear all the Christmas carols.



What do you enjoy the most about volunteering at Outpost?

The people! The ladies are lovely and it is so nice to feel useful and part of a team.

Has volunteering had a positive impact in other areas of your life?

It has definitely provided the sociability I was looking for. It is amazing the difference that just having someone to smile at can make, be they a colleague, or customer. I didn't anticipate that brushing of some very old retail skills would inspire confidence elsewhere. After two months of volunteering I felt ready to apply for paid job in charities related to my injury.

A huge heart-felt thank you to Polly, Evgenia and all our amazing volunteers at Outpost Shop & Gallery! The commitment and support of our volunteers enables us to continue our work supporting at-risk adults in NE London. We are looking forward to being able to safely re-open Outpost and can't wait to reunite with our Award Winning Team of volunteers!

